

2024-2025 St. Anastasia Confirmation Requirements

Weekly Mass Attendance & Mass Notes

- Attend Mass every weekend & on Holy Days of Obligation
- Complete 12 Mass notes
 - Two per month; November through April (Six months)

Service Hours

- Complete 12 service hours throughout the year & short reflections for each event.
- Additionally, we will have one sponsor & candidate night where an additional service project will take place, as a group—Scheduled for Wednesday, Jan. 22nd
- Different types of hours are asked: service to the parish, service to the community & Eucharistic hours.
- See reflection sheet and/or tracking sheet for more details. ****Will be available, shortly!***

Youth Group

- Attend once a month from November through April (Six months)
- Wednesdays after Confirmation, from 7:45-9:30 p.m.
- Check-in with Jake & keep track each time you come!
- Join the Confirmation GroupMe Discussion Group to stay up-to-date!

Sponsor

- May **not** be a parent. The sponsor, representing the entire community of believers, undertakes the role of *assisting the parents* in their role of raising children in the faith.
- May not have more than one sponsor.
- Must be a baptized Catholic who has been confirmed.
- Must be a practicing Catholic who “leads a life in harmony with the faith and the role to be undertaken” (Canon 874).
- Must be sufficiently mature for the role; older than 16 years of age, unless Fr. Paul determines exceptions should/can be made.
- If sponsor is unable to attend the ceremony, a parent may sit in as a proxy.
- Please, have “Sponsor Information” Sheet in by **Wednesday, December 4th**.

Saint Name

- As you prepare to receive the Sacrament of Confirmation you are asked to choose a Confirmation Saint as your patron/patroness.
- At your Confirmation you will be confirmed using this name. You may choose your Baptismal name, select a name from the Bible, or a canonized saint of the Catholic Church.
- The Saint you choose should reflect a devotion you have to the Saint, virtues or gifts to which you aspire, or the patron Saint of certain gifts that are dear to you.
 - 1. Read and learn about several Saints and their lives before making your choice. You can choose a Saint of either gender.
 - 2. Pray about the Saint you are considering.
 - 3. Your teacher will approve your selection of a Saint before you complete the report to verify the Saint exists.
- Please, have “Confirmation Saint Name” in by **Wednesday, February 5th**.

Bishop Letter

- Candidates are to write a letter to Most Rev. Bishop Chad Zielinski prior to the fall of Confirmation.
- This letter is for the candidates to express their commitment and readiness to live out their baptismal promises as well as simply providing the Bishop a chance to get to know more about each candidate & their family!
- Bishop Zielinski will read all of the letters prior to coming to celebrate the Confirmation Mass.
- Some things to include:
 - Your Confirmation Saint name & **Why** you chose the Saint you did
 - Your faith, home and family life
 - Anything else you want to tell him
- Please, have Bishop Letter in **by Friday, August 1st**.

Retreat Component

- Candidates are asked to make a retreat type experience within their final year of preparation.
- **St. Anastasia offers** the following experiences that would fulfill this component:
 - Attend a **TOTAL of FOUR** of the following nights:
 - COR Nights in Olivia, MN (Dec. 15 & Feb. 23)
 - Service & Lifeline Nights (Dec. 7, Jan. 11, Mar. 1, Apr. 5)
 - Mission Week Experience (June 22-27, 2025)
 - Totus Tuus (July 2025)
- **The Diocese of New Ulm offers** the following:
 - [Camp Beloved \(Girls\)](#) & [Camp Greatness \(Boys\)](#)
- **Other** retreat options can be sought out to you if nothing above works.
 - Archdiocese of St. Paul/Minneapolis
 - NET Ministries
 - Other Dioceses

A Few Other Dates to Attend

- Rite of Acceptance & Signing of the Senses
 - 1st Sunday of Advent—**Sunday, December 1st at the 9:00 a.m. Mass**
- Pledge of Deeper Commitment
 - 1st Sunday of Lent—**Sunday, March 9th at the 9:00 a.m. Mass**

Sacramental Records

- If your child was baptized at a different location and those records have never been sent to St. Anastasia...
 - **And you already have a copy** of your Baptismal record, simply copy and bring in or send to the address, below or email to youthmin@stanastasia.net
 - **If you do not have a copy**, contact that parish and have them issue a copy of that record.
 - Drop off or have mailed to the office, “Attention: Youth Minister.”
 - Address: 460 Lake St SW Hutchinson, MN 55350
 - Have this done by **Wednesday, December 4th**.

Sponsor Information

Due: December 4th

Turn in this sheet or email to youthmin@stanastasia.net

A Sponsor must be a practicing, confirmed Catholic, who is at least sixteen years of age. He/she may not be the candidate's mother or father; perhaps, a godparent may be a good choice. The candidate is encouraged to choose someone close by. The sponsor should be a person who is prayerful, open, dependable, loving, and comfortable sharing his or her faith with young people.

IMPORTANT DATES WITH SPONSORS

- **Sunday, Dec. 1st at 9:00 a.m. Mass (St. Anastasia)**
 - (Rite of Acceptance & Signing of Senses)
 - *If sponsor is already chosen; if not, parents, please fill-in!
- **Sunday, Mar. 9th at 9:00 a.m. Mass (St. Anastasia)**
 - (Pledge of Deeper Commitment)
- **Wednesday, Jan. 22nd 6:00-7:45 p.m. (St. Anastasia)**
 - Candidate & Sponsor Night (Service & Faith) at Church

Confirmation Candidate's Name: _____

Sponsor's Name: _____

Sponsor's Relationship to Candidate: _____

Sponsor's Address: _____

Sponsor's Email & Telephone #: _____

Sponsor's Church & Name of Pastor: _____

Role of the Sponsor

“The primary responsibility of the sponsor is to provide the candidate prayerful support and guidance in his or her Christian walk and to take care that the confirmed person behaves as a **true witness of Christ and faithfully fulfills** the obligations inherent in this sacrament” (canon 892). **Being a sponsor is a lifelong commitment.** A sponsor takes on the role of a spiritual parent who “brings the candidate to receive the sacrament, presents him/her to the minister for the anointing, and will later help him/her to fulfill his baptismal promises faithfully under the **influence of the Holy Spirit**” (*Rite of Confirmation* 5).”

—Peggy Frye, “*Responsibilities of a Confirmation Sponsor*”

The sponsor represents the support and prayer of the entire Church. In this program, the following is asked of the sponsor.

1. **Attend specified Masses with candidate** for different rites, pledges, service, etc.
2. To meet with the candidate regularly, throughout the years, sharing their ongoing faith story until and after the Sacrament of Confirmation and to discuss the topics addressed in the preparation sessions.
3. Spend time getting to know the candidate, possibly taking him or her out to lunch or dinner or having him or her over to your home.
4. Pray for and with the candidate. (Adoration; the Rosary; Intercession of Saints; Etc.)
5. Present the candidate to the Bishop during the Confirmation Rite.
6. Be open to more tasks asked for over the next few years, in addition to items listed below. (Pledge of Deeper Commitment; Sponsor Nights; Letter to Youth Minister)
7. Attend the Confirmation rehearsal and the Liturgy of Confirmation.
8. Continue to be there for the candidate and lend spiritual support after the Confirmation ceremony is over. (*Suggestion: Send a card or note every year on the anniversary of his/her Confirmation.*)
9. Be a witness--and help your confirmand to also be a witness, to Christ in the world and to fulfill his/her baptismal promises faithfully and wholeheartedly through the “actions, gifts, and bidding of the Holy Spirit,” both now and always. (CCC 1309)
10. Please, have fun during all of this. What a joyful experience it can be to spread the love of Christ in the heart of a young person and to see them become “on fire” for Christ. Usually, in the process, I think we find that our hearts are made full, too.

Confirmation Saint Name

Due: February 5th

Turn in this sheet or email to youthmin@stanastasia.net

“A saint’s heart is broken by every little sorrow and sin. A saint’s heart is also so strong that not even death can break it. It is indestructible because it’s so breakable.” -Peter Kreeft

Choosing a “confirmation name” is an important thing to do when preparing to receive the sacrament of confirmation. Since there is a direct & strong connection between our baptism and confirmation, our given name (given at baptism), can be the confirmation name chosen (as long as it is also the name of a saint recognized by the Catholic Church). According to the custom of our Church, those to be confirmed may take another Christian name (that of a recognized saint) at the time they receive the sacrament. Please, make sure that you are familiar with the saint whom you are choosing as a new patron and be able to talk about how the saint was a faithful witness to Christ. Specifically, pay special attention to the saint’s personal relationship with Jesus (and devotion to the Blessed Virgin Mary!) and how that foundation of love changed their lives forever.

One definition of who & what a saint is states “a person acknowledged as holy or virtuous & typically as being in heaven after death.” There are some very holy people who the Church has canonized as official saints. (Canonization is a long process where the Church makes sure that the person believed the teachings of Jesus, that they lived a life of holiness and that there have been miracles to prove that the person is in heaven.) Saints are those who embraced heroic joy in their lifetime—even in the midst of heroic suffering.

The Church has the tradition of praying to the saints. These saints are chosen as protectors of the person, church or community who shares his/her name. Your parents may have chosen to name you after a saint when you were baptized. Now that you are being confirmed, you have an opportunity to pick a saint as your own patron saint. When you choose a saint to be your patron, you should learn more about his/her life. This saint can be your role model as you learn how to know & follow Jesus in your life. You can pray to this saint for guidance, protection, and assistance your entire life.

Some things to consider when you pick your saint name:

- Your saint may share the same name
- The saint’s feast day is the same as your birthday, baptismal date, etc.
- You like something about the saint’s life
- The saint is the patron of one of your hobbies or future job
(I.e. Teacher, Fireman, Fisherman, Athlete, Musician, Writer, Painter, etc.)
- The saint shares the name of a special person in your life
- If you choose to use a saint’s name as your confirmation name, please get it approved by Jake

On the back side of this page, please select an option to complete, as well as some basic information on the saint you choose for your patron.

Confirmation Name Activity Options

Saint/Confirmation Name _____

What are they the patron saint of? _____

When is their feast day? _____

When & where was the saint born? _____

How old was the saint when they died? _____

A) Saint Report (1 Page)

- Write a brief summary of the saint's life and ways that the saint was a disciple and witness of Jesus Christ.
- Why did you choose this saint as your patron / confirmation name?

B) Art Project (For all those creative brains out there!)

- Create a poster, visual, song, etc. that will remind you of your saint and why you chose him/her.
- Suggestion: If your saint has a prayer associated with him or her, incorporate that into your visual (as well as your daily life)!

C) Presentation

- Within your own small group, present information on your saint.
- Talk with your confirmation leader beforehand to determine the best time/date.
- A visual (similar to option B) may be used. A slideshow would be another option.

D) Other

- If, during the process of choosing a saint, a different idea other than one listed above comes into your head that you would like to complete, contact Jake beforehand to discuss!

Have fun with this! There are so many saints in our church!

PLEASE PRINT— *SPELL CLEARLY & CORRECTLY*

(This information will be used for all final Confirmation material (program; video; etc.)

Candidate's Full Name (First, Middle, Last): _____

Candidate's Confirmation Name (Saint): _____

Parents' Names (Please, specify how you would like names to be listed if different last names):
